

Vitalii Stoikov



Position

Lecturer of the Department of Social and Scientific Disciplines, Danube Branch of PJSC "HEI "IAPM"

Education	2017 — Izmail State University of Humanities, specialty: "Secondary Education", qualification: "Physical Education Teacher, Organizer of Mass Sports Work" (Diploma S17 № 102555)
Courses Taught	Physical Education.
Scientific and Public Activity	Full Member of the Public Organization "Bessarabia Sports Club" (NGO "SC Bessarabia"). Member of the "Runners' Club". Head of the standing student research group: "MAUP Stars" (Volleyball Section).
Selected Publications	<ol style="list-style-type: none">1. Stoikov V. P. (2021). The impact of basketball classes on the improvement of physical qualities in university students. Izmail: Danube Branch of PJSC "HEI "IAPM". 19 p.2. Stoikov V. P. (2021). Methodological recommendations for maintaining the physical fitness of students during holidays. Izmail: Danube Branch of PJSC "HEI "IAPM". 24 p.3. Stoikov V. P., Darushyn O. V. (2022). Methodological recommendations for conducting joint training as an effective team-building tool. Izmail: Danube Branch of PJSC "HEI "IAPM". 37 p.4. Stoikov V. P., Filipova N. A. (2023). Methodological recommendations for the use of special exercises in the strength training of future law enforcement officers. Izmail: Danube Branch of PJSC "HEI "IAPM". 27 p.5. Stoikov V. P., Strilets H. O. (2023). Methodological recommendations for using physical education tools for the military-patriotic education of youth. Izmail: Danube Branch of PJSC "HEI "IAPM". 31 p.